October 5759

Elul 9519 – Tishrei 9520

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
]	. 2	3	4	5	6
	7 8	9	10	11	12	13
1	4 15	5 16	17 29th of Elul Erev Rosh Hashana	18 1st of Tishrei, 9520 Rosh Hashana 9520	19 2nd of Tishrei Rosh Hashana II	20 3rd of Tishrei Shabbat Shuva
4th of Tishrei Tzom Gedaliah	21 22 5th of Tishrei	2 23 6th of Tishrei	24 7th of Tishrei	25 8th of Tishrei	26 9th of Tishrei Erev Yom Kippur	27 10th of Tishrei Yom Kippur
11th of Tishrei	28 29 12th of Tishrei	30 13th of Tishrei	31 14th of Tishrei Erev Sukkot			

November 5759

Tishrei – Cheshvan 9520

	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 15th of Tishrei Sukkot I	2 16th of Tishrei Sukkot II	3 17th of Tishrei Sukkot III (CH"M)
5 th of Tishrei kkot V (CH''M)	6 20th of Tishrei Sukkot VI (CH"M)	7 21st of Tishrei Sukkot VII (Hoshana Raba)	8 22nd of Tishrei Shmini Atzeret	9 23rd of Tishrei Simchat Torah	10 24th of Tishrei
12 th of Tishrei	13 27th of Tishrei	14 28th of Tishrei	15 29th of Tishrei	16 30th of Tishrei Rosh Chodesh Cheshvan	17 1st of Cheshvan, 9520 Rosh Chodesh Cheshvan
19 d of Cheshvan	20 4th of Cheshvan	21 5th of Cheshvan	22 6th of Cheshvan	23 7th of Cheshvan	24 8th of Cheshvan
26 th of Cheshvan	27 11th of Cheshvan	28 12th of Cheshvan	29 13th of Cheshvan	30 14th of Cheshvan	
	th of Tishrei kkot V (CH"M) 12 th of Tishrei 19 d of Cheshvan 26	th of Tishrei Kkot V (CH"M)20th of Tishrei Sukkot VI (CH"M)12 th of Tishrei12 27th of Tishrei13 2 20d of Cheshvan19 4th of Cheshvan20 4th of Cheshvan2627	th of Tishrei kkot V (CH''M)20th of Tishrei Sukkot VI (CH''M)21st of Tishrei Sukkot VII (Hoshana Raba)1012 TYth of Tishrei13 27th of Tishrei28th of Tishrei1127th of Tishrei28th of Tishrei14 28th of Tishrei1214 27th of Tishrei15 14 28th of Tishrei14 28th of Tishrei1314 27th of Tishrei14 28th of Tishrei1415 14 14 1414 14 14 14 14 14 14 14 14 14 14 14 1414 	Isth of TishreiIsth of Tishreith of Tishrei520th of Tishrei621st of Tishrei7Sukkot V (CH''M)20th of TishreiSukkot VI (CH''M)1321st of Tishrei8th of Tishrei1227th of Tishrei1328th of Tishrei14d of Cheshvan194th of Cheshvan205th of Cheshvan2126272829	15th of Tishrei16th of Tishrei520th of Tishrei621st of Tishrei22nd of Tishrei823rd of Tishrei20th of Tishrei21st of Tishrei2ukkot V (CH''M)21st of Tishrei2ukkot VI (CH''M)21st of Tishrei1227th of Tishrei228th of Tishrei229th of Tishrei1530th of Tishrei1630th of Tishrei174th of Cheshvan205th of Cheshvan216th of Cheshvan22232324242725272627282930

December 5759

Cheshvan – Kislev 9520

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						15th of Cheshvan	1
2 16th of Cheshvan	3 17th of Cheshvan	4 18th of Cheshvan	5 19th of Cheshvan	6 20th of Cheshvan	7 21st of Cheshvan	22nd of Cheshvan	8
9 23rd of Cheshvan	10 24th of Cheshvan	11 25th of Cheshvan	12 26th of Cheshvan	13 27th of Cheshvan Sigd	14 28th of Cheshvan	29th of Cheshvan	15
16 30th of Cheshvan Rosh Chodesh Kislev	17 1st of Kislev, 9520 Rosh Chodesh Kislev	2nd of Kislev	19 3rd of Kislev	20 4th of Kislev	21 5th of Kislev	6th of Kislev	22
23 7th of Kislev	24 8th of Kislev	9th of Kislev	26 10th of Kislev	27 11th of Kislev	28 12th of Kislev	13th of Kislev	29
30 14th of Kislev	31 15th of Kislev						

January 5760 Kislev – Tevet 9520

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 16th of Kislev	2 17th of Kislev	3 18th of Kislev	4 19th of Kislev	5 20th of Kislev
6 21st of Kislev	7 22nd of Kislev	8 23rd of Kislev	9 24th of Kislev Chanukah: 1 Candle	10 25th of Kislev Chanukah: 2 Candles	11 26th of Kislev Chanukah: 3 Candles	12 27th of Kislev Chanukah: 4 Candles
13 28th of Kislev Chanukah: 5 Candles	14 29th of Kislev Chanukah: 6 Candles	15 30th of Kislev Chag HaBanot Chanukah: 7 Candles Rosh Chodesh Tevet	16 1st of Tevet, 9520 Chanukah: 8 Candles Rosh Chodesh Tevet	17 2nd of Tevet Chanukah: 8th Day	18 3rd of Tevet	19 4th of Tevet
20 5th of Tevet	21 6th of Tevet	22 7th of Tevet	23 8th of Tevet	24 9th of Tevet	25 10th of Tevet Asara B'Tevet	26 11th of Tevet
27 12th of Tevet	28 13th of Tevet	29 14th of Tevet	30 15th of Tevet	31 16th of Tevet		

February 5760 Tevet – Sh'vat 9520

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 17th of Tevet	2 18th of Tevet
3 19th of Tevet	4 20th of Tevet	5 21st of Tevet	6 22nd of Tevet	7 23rd of Tevet	8 24th of Tevet	9 25th of Tevet
10 26th of Tevet	11 27th of Tevet	12 28th of Tevet	13 29th of Tevet	14 1st of Sh'vat, 9520 Rosh Chodesh Sh'vat	15 2nd of Sh'vat	16 3rd of Sh'vat
17 4th of Sh'vat	18 5th of Sh'vat	19 6th of Sh'vat	20 7th of Sh'vat	21 8th of Sh'vat	22 9th of Sh'vat	23 10th of Sh'vat Shabbat Shirah
24 11th of Sh'vat	25 12th of Sh'vat	26 13th of Sh'vat	27 14th of Sh'vat	28 15th of Sh'vat Tu BiShvat	29 16th of Sh'vat	

March 5760

Sh'vat – Adar 9520

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						17th of Sh'vat	1
18th of Sh'vat	2 19th of Sh'vat	3 4 20th of Sh'vat	5 21st of Sh'vat	6 22nd of Sh'vat	7 23rd of Sh'vat	24th of Sh'vat	8
25th of Sh'vat	26th of Sh'vat) 11 27th of Sh'vat	12 28th of Sh'vat	13 29th of Sh'vat	14 30th of Sh'vat Rosh Chodesh Adar	1st of Adar, 9520 Shabbat Shekalim Rosh Chodesh Adar	15
16 2nd of Adar	5 17 3rd of Adar	7 18 4th of Adar	19 5th of Adar	20 6th of Adar	21 7th of Adar	8th of Adar Shabbat Zachor	22
23 9th of Adar	3 24 10th of Adar	l 25 11th of Adar	26 12th of Adar	27 13th of Adar Ta'anit Esther Erev Purim	28 14th of Adar Purim	15th of Adar Shushan Purim	29
3(16th of Adar Purim Meshulash) 31 17th of Adar	L					

April 5760 Adar – Nisan 9520

			/ aan moan o	020			
Sunday	Monday	Tuesday	Wednesday		Thursday	Friday	Saturday
		1		2	3	4	Į
		18th of Adar	19th of Adar		20th of Adar	21st of Adar	22nd of Adar
							Shabbat Parah
6		/ 8		9	10	11	12
3rd of Adar	24th of Adar	25th of Adar	26th of Adar		27th of Adar	28th of Adar	29th of Adar
							Shabbat HaChodesh
13	14	15		16	17	18	19
1st of Nisan, 9520	2nd of Nisan	3rd of Nisan	4th of Nisan		5th of Nisan	6th of Nisan	7th of Nisan
Rosh Chodesh Nisan							
20	21	. 22		23	24	25	26
8th of Nisan	9th of Nisan	10th of Nisan	11th of Nisan	23	12th of Nisan	13th of Nisan	14th of Nisan
		Yom HaAliyah			Ta'anit Bechorot		Shabbat HaGadol
							Erev Pesach
27	28	3 29		30			
15th of Nisan	16th of Nisan	17th of Nisan	18th of Nisan	50			
Pesach I	Pesach II	Pesach III (CH''M)	Pesach IV (CH''M)				

May 5760 Nisan – Iyyar 9520

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 19th of Nisan Pesach V (CH"M)	2 20th of Nisan Pesach VI (CH"M)	21st of Nisan Pesach VII
4 22nd of Nisan Pesach VIII	5 23rd of Nisan	6 24th of Nisan	7 25th of Nisan	8 26th of Nisan Yom HaShoah	9 27th of Nisan	1(28th of Nisan
11 29th of Nisan	12 30th of Nisan Rosh Chodesh Iyyar	13 1st of Iyyar, 9520 Rosh Chodesh Iyyar	14 2nd of Iyyar Yom HaZikaron	15 3rd of Iyyar Yom HaAtzma'ut	16 4th of Iyyar	17 5th of Iyyar
18 6th of Iyyar	19 7th of lyyar	20 8th of lyyar	21 9th of Iyyar	22 10th of Iyyar	23 11th of Iyyar	24 12th of Iyyar
25 13th of Iyyar	26 14th of lyyar Pesach Sheni	27 15th of lyyar	28 16th of Iyyar	29 17th of Iyyar	30 18th of Iyyar Lag BaOmer	31 19th of Iyyar

June 5760

lyyar – Sivan 9520

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 20th of lyyar	2 21st of Iyyar	3 22nd of Iyyar	4 23rd of Iyyar	5 24th of lyyar	6 25th of lyyar	7 26th of Iyyar
8 27th of Iyyar	9 28th of lyyar Yom Yerushalayim	10 29th of lyyar	11 1st of Sivan, 9520 Rosh Chodesh Sivan	12 2nd of Sivan	13 3rd of Sivan	14 4th of Sivan
15 5th of Sivan Erev Shavuot	16 6th of Sivan Shavuot I	17 7th of Sivan Shavuot II	18 8th of Sivan	19 9th of Sivan	20 10th of Sivan	21 11th of Sivan
22 12th of Sivan	23 13th of Sivan	24 14th of Sivan	25 15th of Sivan	26 16th of Sivan	27 17th of Sivan	28 18th of Sivan
29 19th of Sivan	30 20th of Sivan					

July 5760 Sivan – Tamuz 9520

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 21st of Sivan	2 22nd of Sivan	3 23rd of Sivan	4 24th of Sivan	25th of Sivan
7 27th of Sivan	8 28th of Sivan	9 29th of Sivan	10 30th of Sivan Rosh Chodesh Tamuz	11 1st of Tamuz, 9520 Rosh Chodesh Tamuz	12 2nd of Tamuz
14 4th of Tamuz	15 5th of Tamuz	16 6th of Tamuz	17 7th of Tamuz	18 8th of Tamuz	19 9th of Tamuz
21 11th of Tamuz	22 12th of Tamuz	23 13th of Tamuz	24 14th of Tamuz	25 15th of Tamuz	26 16th of Tamuz
28 18th of Tamuz	29 19th of Tamuz	30 20th of Tamuz	31 21st of Tamuz		
	7 27th of Sivan 4th of Tamuz 11th of Tamuz 21 28	Image: state of stress of stre	21st of Sivan122nd of Sivan227th of Sivan728th of Sivan829th of Sivan927th of Tamuz145th of Tamuz156th of Tamuz164th of Tamuz2112th of Tamuz2213th of Tamuz2311th of Tamuz282930	122321st of Sivan122nd of Sivan23rd of Sivan27th of Sivan728th of Sivan829th of Sivan91027th of Sivan1428th of Sivan156th of Tamuz16174th of Tamuz145th of Tamuz156th of Tamuz167th of Tamuz1711th of Tamuz2112th of Tamuz2213th of Tamuz2314th of Tamuz2412th of Tamuz2829303131	121st of Sivan122nd of Sivan23421st of Sivan21st of Sivan122nd of Sivan23rd of Sivan1427th of Sivan728th of Sivan829th of Sivan930th of Sivan Rosh Chodesh Tamuz114th of Tamuz145th of Tamuz156th of Tamuz16Thof Tamuz178th of Tamuz1811th of Tamuz2112th of Tamuz2213th of Tamuz2314th of Tamuz2415th of Tamuz2512th of Tamuz282930313131333333

August 5760 Tamuz – Av 9520

Sunday		Monday		Tuesday		Wednesday	Thursday	Friday	Saturday	
								1 22nd of Tamuz	23rd of Tamuz	2
24th of Tamuz	3	25th of Tamuz	4 26t	th of Tamuz	5	6 27th of Tamuz	7 8th of Tamuz	8 29th of Tamuz	1st of Av, 9520 Rosh Chodesh Av	9
2nd of Av	10	3rd of Av	11 4th	1 n of Av	2	13 5th of Av	14 th of Av	15 7th of Av	8th of Av Shabbat Chazon Erev Tish'a B'Av	16
9th of Av Tish'a B'Av	17	10th of Av	18 11t	1 th of Av		20 12th of Av	21 3th of Av	22 14th of Av	15th of Av Tu B'Av Shabbat Nachamu	23
16th of Av	24	17th of Av	25 18t	2 th of Av		27 19th of Av	28 Oth of Av	29 21st of Av	22nd of Av	30
23rd of Av	31									

September 5760 Av - Elul 9520

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 24th of Av	2 25th of Av	3 26th of Av	4 27th of Av	5 28th of Av	6 29th of Av
7 30th of Av Rosh Chodesh Elul	8 1st of Elul, 9520 Rosh Hashana LaBehemot Rosh Chodesh Elul	9 2nd of Elul	10 3rd of Elul	11 4th of Elul	12 5th of Elul	13 6th of Elul
14 7th of Elul	15 8th of Elul	16 9th of Elul	17 10th of Elul	18 11th of Elul	19 12th of Elul	20 13th of Elul
21 14th of Elul	22 15th of Elul	23 16th of Elul	24 17th of Elul	25 18th of Elul	26 19th of Elul	27 20th of Elul Leil Selichot
28 21st of Elul	29 22nd of Elul	30 23rd of Elul				

October 5760

Elul 9520 – Tishrei 9521

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 24th of Elul	2 25th of Elul	3 26th of Elul	4 27th of Elul
5 28th of Elul	6 29th of Elul Erev Rosh Hashana	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	